

# Behavioral Health Resources for Maricopa County

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## **For Immediate Medical Resources**

**911**

## **For Immediate Crisis Services**

La Frontera-EMPACT –Suicide Prevention Center

Crisis: (480) 784-1500

Teen Lifeline

1-800-248-TEEN (8336)

Toll-Free throughout AZ

## **FOR ONGOING SERVICES:**

La Frontera-EMPACT Suicide Prevention Center

Tempe/Glendale Office: (480)784-1514

Maricopa Office: (520) 316-6068

Mercy Maricopa Integrated Care

**Maricopa County:** (800) 564-5465

Crisis: (602) 222-9444

Banner Behavioral Health

Appointment Line:

(602) 254-4357 or (800) 254-4357 (Toll Free in AZ)

Southwest Behavioral Health

**Maricopa County:** (602) 285-4288

Call Monday – Thursday 8 am-6 pm and Friday from 8 am- 5 pm

Touchstone Behavioral Health

**Maricopa County:** (523) 930-8705

Call Monday – Friday 8 am-5pm

For after hour emergencies, call (623) 930-8705 for recorded message

## **Additional Help:**

National Alliance on Mental Illness

(800) 980-NAMI (6264)

[www.nami.org](http://www.nami.org)

Mental Health America

(800) 969-NMHA (6642)

[www.nmha.org](http://www.nmha.org)